

ST ANTHONY'S PRIMARY SCHOOL, TERM 2 2020

LEVEL 1/2 NEWSLETTER PART 1

REMOTE HOME LEARNING



MEET THE TEAM BEHIND THE SCREEN



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TABLE OF CONTENTS

2-3 • 6 Mental Health Tips

4 • Dojo & Learning from Home

5-6 • Learning Topics in Term 2



6 MENTAL HEALTH TIPS FOR PARENTS



Events like the recent outbreak of the Coronavirus can confuse, worry, and stress children to a degree that causes them far more harm than good. Young children should be spared details about infection rates and death tolls, which can needlessly terrify them when they are ill equipped to process the information in the way that adults are able to. Young children do, however, need some basic information about what they're hearing, or overhearing — from the news, friends, even their parents — especially when the adults in their lives appear stressed or nervous.

TALKING TO YOUR CHILDREN ABOUT CORONAVIRUS

AS PARENTS, PROTECTING YOUR CHILDREN IS YOUR PRIORITY, BUT IT'S IMPORTANT TO SAFEGUARD THEM WITHOUT SCARING OR CAUSING THEM ADDITIONAL WORRY.



1. Keep it simple. It's best to give a clear, basic overview of the health crisis in simple terms. Keep children informed, without piling on reasons to be stressed or uneasy and explain that, while this virus strain is new, it's not terribly different than seasonal flu outbreaks that they may be more familiar with. Also, children appear to be at generally low risk of infection and often present mild symptoms. They can, however, be carriers and spread the disease to more vulnerable populations.

2. Emphasize children's safety. It's not their job to worry. Let children know that adults are working hard to keep them safe and healthy. You can tell them that the best thing they can do is to simply wash their hands! Giving children simple, yet effective activities, empowers them with a sense of control over the situation.

6 MENTAL HEALTH TIPS FOR PARENTS

3. Limit exposure to news coverage. Keep kids away from the repetitive hyperbolic news cycle as well as worried adult conversation. Kids pick up on nervous energy. You want them to hear your words and not feel your worry. Minimise conversations where you express your own stress and worry when they might overhear.

4. Routine. Keep children engaged in their normal routines. Keeping things as normal as possible — even in the event of possible school closures — helps mitigate stress and unnecessary fear. While some disruption may be inevitable, try to keep them focused on normal daily life.

WHEN THE WORLD
TOLD US TO STAY
APART, WE HAD EACH
OTHER.

WE ARE ALL IN THIS TOGETHER!

5. Model good hygiene. Lead by example and encourage kids to take part in healthy practices with the entire family. Four easy ways to instill healthy practices in your children include: emphasising that everyone washes their hands for the entire duration of the alphabet song teaching them to sneeze into their elbows, avoiding touching their face, and insisting the family wash their hands before touching food.



6. Take good care of yourself. You can't keep your family healthy unless you yourself are healthy. Practice the healthy habits listed above and maintain your own best health habits. Engage in normal self-care routines to keep you energised and your immune response strong.

REMOTE LEARNING FROM HOME

PLEASE CHECK INTO DOJO EVERY MORNING DURING THE WEEK AND YOU WILL SEE THE DAILY TIMETABLE OF LESSONS AND ACTIVITIES. BELOW THIS TIMETABLE WILL SEE VIDEOS AND LINKS TO FOLLOW AND COMPLETE THE ACTIVITIES AND LESSONS.

INQUIRES AND QUESTIONS - MESSAGE CLASSROOM TEACHER VIA DOJO, THE QUICKEST AND EASIEST OPTION.

POSTING WORK - PLEASE POST PHOTOS, WORK SAMPLES, VIDEOS OF LEARNING AT HOME ON THE STUDENTS DOJO PORTFOLIO IN LEVEL 1/2.

How to Post to a Student Portfolio WEB

How to Post to a Student Portfolio

From the Web

- Log into your account at dojo.me
- Next to the "My Portfolio" heading, click on the blue "+" sign
- Choose Photo, Video, Draw, File, or Journal (Please note: A pre-recorded video cannot be uploaded via the website to Portfolios at this time)
- Once you have created your entry, select "Save" to submit it to your teacher to be approved or select "Save as Draft" to come back to it later (Please Note: If you are in more than one class, please click the small blue arrow next to the class name to select the correct class)

Save as Draft Post to Mrs. Carman's Class Save

How to Post to a Student Portfolio IOS

How to Post to a Student Portfolio

iOS

- Log into the Classroom app
- Select "My Portfolio"
- Click the "My Portfolio" heading, click on the "+" icon
- Choose the "My Portfolio" heading, click on the "+" icon

Melissa F's portfolio

Welcome Melissa F!

View Melissa's report

My Portfolio

What is this about?

Say something about your drawing

25
+11

36

Selected class: Mrs. Carman's Class

To save the entry to continue editing it later, click on the download button in the top left corner of the screen. The entry will now be saved as a Draft under the "To Do" heading. From there, click on the entry and select "Continue Editing" to continue editing and submit.

How to Post to a Student Portfolio ANDROID

How to Post to a Student Portfolio

Android

- Log into the Classroom app
- Select "My Portfolio"
- Click the "My Portfolio" heading, click on the "+" icon
- Choose the "My Portfolio" heading, click on the "+" icon

Melissa F

View Melissa's report

PORTFOLIO

What is this about?

Say something about your drawing

25
+11

36

Selected class: Mrs. Carman's Class

To save the entry to continue editing it later, click on the download button in the top left corner of the screen. The entry will now be saved as a Draft under the "To Do" heading. From there, click on the entry and select "Continue Editing" to continue editing and submit.

SCHOOL AT HOME TIPS

Wear your school uniform or sports uniform so that your mind and body feel ready for learning.



Pack a healthy lunch box each day - fruit, 1st snack and lunch. Don't forget to drink water!



Remember to take regular brain breaks, mindful moments and complete some exercise (outside if weather is nice) every day!



LEARNING IN TERM 2

REMOTE HOME LEARNING

This term in Literacy students will be learning about:

- Narratives
- Information reports
- Oral language experiences
- Long vowel sounds
- Handwriting skills
- Reading fluency and decoding skills

To help your child at home, you could encourage them to:

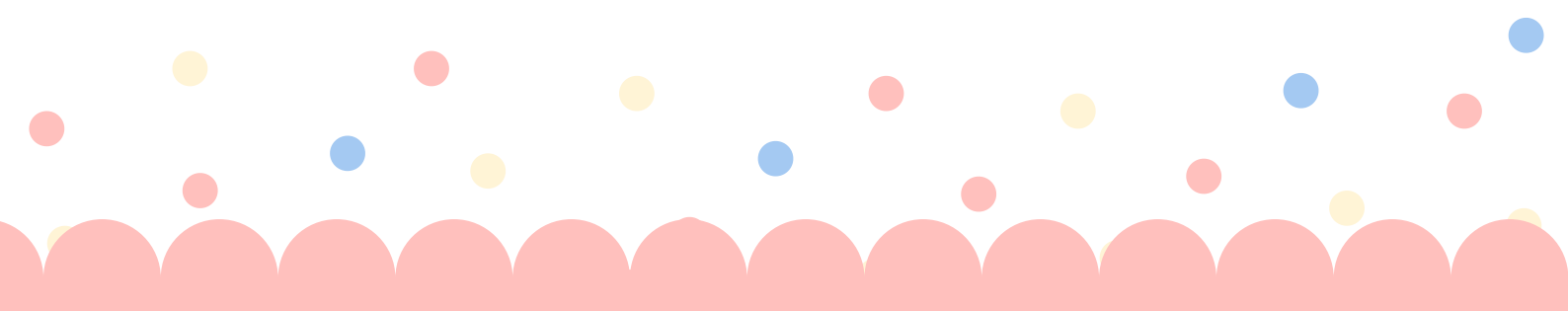
- Re-read your child's favourite books and stories
- Use the story grammar markers to discuss the elements of a story
- Look for rhyme, rhythm or repetition in books
- Make and write birthday cards and thank you notes
- Listen to and sing Nursery Rhymes

This term in Numeracy students will be learning about:

- Counting and Place Value
- Subtraction
- Measurement - length and area
- Addition
- Money
- Location
- Multiplication

To help your child at home, you could encourage them to:

- Practise counting backwards and forwards beginning from different numbers
- Play games that involve counting, location, adding and subtracting numbers such as 'Snakes and Ladders,' 'Bingo' or 'I Spy'
- Look at and say the numbers on car number plates, signs, calendars, newspapers, shopping catalogues etc.



LEARNING IN TERM 2

REMOTE HOME LEARNING

This year in **Faith Based Inquiry** students will be exploring the big concept of Discovery. In term 2, the focus will be on discovering the world of chemical science and miracles from around the world.

Students will be encouraged to work through the Design Thinking Process to explore this topic through immersion and provocation, investigate new ideas and put their learning into practice by designing, creating and sharing with others.

This term in **Social and Emotional Learning - SEL**, students will be looking at:

- Recognising appropriate and inappropriate ways to respond when there is conflict
 - Describing our emotions and how we share these with others
- Identify our personal strengths and how we can use these daily
 - Willingness to try new and challenging things
 - Describing ways to make and keep friends
 - Working successfully in groups

Specialist Timetable for Remote Home Learning

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
JAPANESE	ART	PERFORMING ARTS	PE

