

# ST. ANTHONY'S SCHOOL

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Visit us at [www.sanoblepark.catholic.edu.au](http://www.sanoblepark.catholic.edu.au)

NEWSLETTER # 19  
Friday 23rd November, 2018

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## Learning in perfect harmony

St Anthony's Parish and St Anthony's Primary School hold the care, safety and wellbeing of children and young people as central and fundamental responsibilities of the Church. St Anthony's is fully compliant with all policies in relation to Child Safety. These documents ensure compliance with the Victorian Government Child Safety Standards which took effect on 1 January 2017 and reflect our Parishes' ongoing commitment to ensuring that all children are safe, happy and empowered. For more information on the Child Safe Standards: <http://www.cryp.vic.gov.au/child-safe-standards/>

Dear families and friends,

We have had many extra special events happening over the past fortnight which are a lovely reminder of how our community celebrate so well together. Our leaders represented our school at the Remembrance Day Service on Sunday 11th November, our Robotics crew represented our school in the First LEGO League competition over the same weekend supported by Ellis Warrener and Debbie Vivian, our new Preps visited again, our new Prep parents and families joined us in the staffroom for another warm welcome morning tea and chat, we celebrated World Teachers Day with the theme of princes and princesses, our Year 6s went to the Australian Catholic University for a day to aspire courtesy of The Ardoch Foundation (one of our many partners) and we came together for the Parish Carnival. All of these events are still many 'firsts' for me in my first year as Principal and every time I am overwhelmed with how generous in spirit and how giving everyone at St. Anthony's is. Staff go out of their way to engage and inspire and there is a sense of fun and relationship with each new celebration. We are very blessed that every staff member embraces celebrations and opportunities for our students and families.

We are now well and truly within the busy time of the school year where the end is in sight. There are still many more celebrations and opportunities to come. Please stay tuned so that you can be part of the journey to Christmas and celebrate with us.



I would like to take this opportunity to announce that Ellen Fitzgerald will be leaving us at the end of 2018 to follow her heart and an opportunity to travel and see the world. Ellen will spend 2019 on leave and we hope to welcome her back in 2020. We will miss Ellen's digital expertise and her very heartfelt approach to teaching her students here at St Anthony's. We will, however be welcoming back Kirsty Platon in 2019 after 3 terms of maternity leave. It will be great to have Kirsty start a new year with us.

Go gently and as always, if you have any feedback, questions or ideas we'd love to hear about them.

God Bless,  
Patrika Rowley

**Respectfully acknowledging the original custodians of this land in the  
City of Greater Dandenong, The Wurundjeri people**

# Diary Dates for Term 4, 2018

**Click on the link to find out...[How many days until Christmas???](#)**

TERM 4	What/Who	When	Where
<b>Week 8</b> November			
<b>Tuesday 27</b>	Seniors Adult Computer Class English Classes SVDP Tutoring Club CGD Book Club 3/4	9.15-11.15am 9.30-12.30pm 3.30-4.30pm 2.20-3.00pm	Adult Computer Space Parent Room 5/6 space Library
<b>Wednesday 28</b>	Playgroup Adult Computer Class	9.30-11.30am 1-3pm	MPavilion Adult Computer Space
<b>Thursday 29</b>	Playgroup Prep Orientation Playgroup & Prep Native Animal Incursion	9.30-11.30am 9.30-10.30 10.00am-1.20pm	Playgroup Prep Space Outside Prep Space
<b>Friday 30</b>	English Class Celebration of Learning 1/2 NG Class Mass 3/4HA and 5/6NE	9.15-1.15pm 9.00-9.15am 9.30am	Adult Computer Space Padua Building Church
<b>Week 9</b>			
<b>DECEMBER</b> <b>Tuesday 4</b>	Seniors Adult Computer Class Final Class 2018 English Classes Final Class for 2018 SVDP Tutoring Club CGD Book Club 3/4	9.15-11.15am 9.30-12.30pm 3.30-4.30pm 2.20-3.00pm	Adult Computer Space Parent Room 5/6 space Library
<b>Wednesday 5</b>	Playgroup Adult Computer Class Final Class 2018 Class Mass 3/4 LI and 3/4PO	9.30-11.30am 1-3pm 9.30am	Playgroup Adult Computer Space Church
<b>Friday 7</b>	English Class Final Class 2018 Celebration of Learning 1/2 SC and Fitz	9.15-1.15pm 9.00-9.15am	Adult Computer Space Padua Building
<b>Week 10</b>			
<b>Tuesday 11</b>	CGD Book Club 3/4	2.20-3.00pm	Library
<b>Wednesday 12</b>	Whole School Mass	9.30am	Church
<b>Thursday 13</b>	Graduation Mass Graduation Supper	6-7pm 7-7.30pm	Church Church foyer
<b>Friday 14</b>	YEAR 6 FINAL DAY BIG DAY OUT Celebration Day 3/4CH Celebration of learning English Class Celebration Final Day	All day 900-9.30am 9.15-1.15pm	Gumbuya Park Hall Adult Computer Space
<b>Week 11</b>			
<b>Monday 17</b>	Foundation-Year 5 Picnic Prep -Year 5 Paraliturgy/Carols in the Church	12-2pm 6pm-7pm	In the school playground Church
<b>Tuesday 18</b>	Foundation-Year 6 2019 Transition FOUNDATION-YEAR 5 FINAL DAY School finishes at normal time 3.20	9.30-10.50am 3.20	All learning spaces new students welcomed Normal pick up
<b>Wednesday 19</b>	Staff Planning Day for 2019		
<b>Thursday 20</b>	Staff Planning Day tidy up Staff last day pack up finish at 11.00am	School closes for the holidays	
<b>School closed from Thursday December 20 until Monday January 21</b>			



*Please remember that attendance at school is a requirement. If your child is sick or unable to attend for any reason you need to call the school admin on 95460044, log the absence through the link on the website or email the school administration at:*

[office@sanoblepark.catholic.edu.au](mailto:office@sanoblepark.catholic.edu.au)



## 2019

TERM 1	What/Who	When	Where
<b>January</b> <b>Monday 21 - Friday 25</b>	St Anthony's School office will be open throughout this week Please phone the school if you need to speak to the administrative staff	All week	St Anthony's Administration building
<b>Thursday 24</b>	Pick up /try on Prep uniform orders	Between 10am and 1pm OR Between 5pm-7pm	St Anthony's Uniform shop /Parent room
<b>Saturday 26</b>	Australia Day 2019	All day	No school
<b>Week 1</b>			
<b>Monday 28</b>	Australia Day Public Holiday 2019	All day	No school
<b>Tuesday 29</b>	All staff return, meetings/planning Applications open for Year 5 students commencing Year 7 in 2021 today	All day Applications open	No school for students Via secondary school website
<b>Wednesday 30</b>	Staff Professional Learning Day	All day	No school for students
<b>Thursday 31</b>	Year 1-6 students return to school	All day/full day	
<b>February</b> <b>Friday 1</b>	Preps start school today ½ day	8.50am-12.30pm	Prep space
<b>Week 2</b>			
<b>Monday 4</b>	Prep first full day	8.50-3.20	Prep space
<b>Wednesday 6</b>	Prep rest day Class Mass	All day TBA	No school Church
<b>Friday 8</b>	Assembly	9.00am	School Hall
<b>Week 3</b>			
<b>Wednesday 13</b>	Prep rest day Class Mass	All day TBA	No school Church
<b>Friday 15</b>	Assembly	9.00am	School Hall





# Message from our Principal

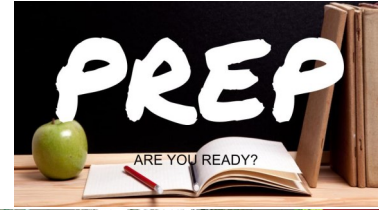


## School Advisory Board 2019

Would you like to become more involved with the life of the school or you would like to nominate someone who would be a great Parent voice for our school? The Advisory group is the ideal way to make this happen.

## Welcome to all of our new Preps for 2019

We welcomed our brand new Preps and their families for a second and third transition recently. This is a time when we get to know all of our new families and begin the very special partnership of educating and nurturing a brand new group of young people. Whilst the Preps got to know their new space our Year 5s welcomed, made morning tea and served coffee and tea as parents were invited to information sessions on school expectations and teaching and learning. Both mornings were facilitated by members of our leadership team. We look forward to our next session next Thursday.



## First LEGO League

Congratulations to all our super robotics experts for their incredible teamwork last Sunday at the LEGO robotics challenge in Glen Waverley. The team has worked so hard for months, programming and writing a script to present at the inter school event. The youngest team there, our students were supported by Ellis Warrener and Deb Vivian. What a bright future they have ahead of them. High expectations at every part of the journey.



## Remembrance Day

Our leaders representing our community last Sunday in Noble Park.





# News from around our School

## A visit to the Australian Catholic University

Yesterday the Year 6 students went to the Australian Catholic University to experience what it's like to be at university and learn. Once we arrived, we were invited in and shown a small introduction about their campus and why we were there. After, we all got a chance to see the different subjects that their students could choose to study; such as what it's like to be a Paramedic, Nurse, Lawyer and we even had the chance take some Graduation Photos. We then got the chance to have a tour of the university. Overall, it was a great learning experience for everyone and we all had a lot of fun! Thank you to the Ardoc Foundation for offering us this experience.



## St Anthony's Tote stall at the carnival

Well done to the Level 5/6 students who volunteered half an hour of their time at the carnival to help sell the tote bags.

We still have a few tote bags left, so if you would still like to buy some, we are selling them at the reduced price of \$4 at the school office!

Come and buy one before they all sell out!



## 16 Hands Horse Incursion

On the 13th of November, all students had the opportunity to meet Bare - who is a horse at Flemington Racecourse - and learn all about him and other Thoroughbred Horses. Students even had the opportunity to pat Bare and get up nice and close!



# What's on in Prep!

This term has been so busy for the Prep classes. We have continued our learning about Aboriginal culture and learnt the Wurundjeri story of Creation - Bunjil the eagle swept down over our earth and sprinkled magic over the rocks to turn them into Native Animals. We acted this out. We also learnt that diamonds are a symbol used very often in the Wurundjeri tribes. We also painted using Ochre on paper and charcoal. We have also had a lot of fun making didgeridoos.

We have enjoyed swimming this term and met Bare the race horse this term. We learnt that Bare likes carrots and that he has a girlfriend!

Things remain busy for the Preps. On Friday we will learn more about day and night as the Star Lab comes to visit us and next Thursday we will be meeting Native Animals when they visit us at school.



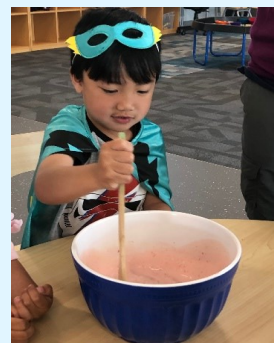
In praise of: Ryan Malanga of Year 5/6BA for showing great leadership throughout last week and enacting high expectations by assisting a younger student to calm down and make a better choice when he was faced with feeling angry and upset. Ryan reassured the younger student and reminded him that we don't hit or hurt here.

Well done Ryan.

**“Actions speak louder than words; let your words teach and your actions speak.” Saint Anthony of Padua**

# Early Learning Centre Update

In the last week the children at the ELC have continued to be interested in cooking. We have also explored scientific concepts such as changes in matter and decided to combine these two interests to make ice cream. We mashed up strawberries and added cream, milk and vanilla and watched the changes in the mixture as the ice cream maker churned the ice cream. It was so delicious!



Painting is always a popular activity too and we have been exploring colour mixing with eye droppers which help to increase the strength in the children's hands.

We would love to see you down at the ELC for a visit and to discuss our programs for 2019. Our sessions run Monday-Friday in the mornings and we would welcome visitors at any time. It is not too late to enrol for 2019.

## Community Garden News



### Yogurt Dip

From the garden: fresh herbs

#### Ingredients

2 cups natural yogurt  
2 cloves garlic  
Juice of 2 lemons  
Small bunch of fresh herbs (parsley, coriander)  
2 tsp ground cumin  
Olive oil  
Salt and pepper

Makes 30 tastes in the classroom

#### Equipment

Measuring cup  
Garlic press  
Lemon squeezer  
Large bowl  
Mixing spoon  
Measuring spoon  
Small bowl  
Scissors to snip herbs

#### What to do:

- Peel and crush garlic
- Wash herbs and snip finely
- Juice the lemons
- Measure yogurt into bowl
- Add herbs, lemon juice, cumin and garlic
- Mix well
- Season with salt and pepper
- Drizzle with olive oil

#### To serve:

- Transfer dip into small bowl, serve with veggie sticks or crackers



As a result of hard work by our SRC St Anthony's is now a SunSmart School. Please remember to wear your hat when the UV rating is 3 or above. Visit our website to see the UV rating for the day.



# ST ANTHONY'S RELIGIOUS EDUCATION NEWS

## Thirty-fourth and final Sunday In Ordinary Time - Year B

### Gospel

John 18:33b-37

A reading from the holy Gospel according to John

Jesus is questioned by Pilate about the charge brought against him that he is "King of the Jews."



Understanding today's feast of Christ the King may be particularly challenging. While most of us do not have direct experience with kings or royalty, we have a sense of who they are. We know that royalty have sovereignty over their kingdoms. We know that those who are subjects to royalty offer them allegiance and honour. To understand how Christ is our king, we extend and magnify what we know to be true of the best of human royalty. Christ's kingship extends to all places, all people, and all times. Christ manifests His kingship through His death on the cross in which He offered salvation to everyone. Those who can see with eyes of faith recognise Jesus to be our Heavenly King.

As you gather as a family, recall that this Sunday is the last Sunday in the Church year and on this Sunday we celebrate the feast of Christ the King. Talk together about what it means to be a king or queen. How do those who are subjects behave toward royalty? Does Pilate treat Jesus like royalty? (No.) What does Jesus say about his kingdom? (It is not of this world.) Talk about how your family shows honour and obedience to Christ our King. Pray together the Lord's Prayer and ask God to help your family act in ways that show you recognize and honour Christ as King.



### Family Prayer

Almighty and merciful God,  
You break the power of evil and make all things  
new in your Son Jesus Christ,  
the King of the universe.  
May all in heaven and earth acclaim Your glory and  
never cease to praise You.  
Thank You God for sending Jesus to be our King, our  
Saviour and our Friend.  
Help us to always follow Him, honour Him and serve  
Him in His Kingdom.  
Thank you God that we are "kids of the kingdom."  
In Jesus Name,  
Amen



### Expression of interest form for Altar Servers

#### St. Anthony's Parish and Resurrection

If your child is interested to join the altar, serving please provide us with your details.

Full Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Dietary requirement: \_\_\_\_\_

NB: Your child should at least have received First Eucharist.

Please fill and return to the parish/School office or email us [parishsecretary@stanthonysparish.net](mailto:parishsecretary@stanthonysparish.net)



### PROPOSAL PARISH HOLY LAND PILGRIMAGE INFORMATION NIGHT

Friday 23 November 2018 - 7pm - Resurrection Little Chapel (Steven Green of Olive tree Travel is finalising this proposal trip. It's scheduled for departure on Sunday 27 October 2019 - Sunday 10 November 2019 (with an optional Dubai extension)

Sites include Dead Sea, Mt Nebo, Petra, Jordan River, Jericho, Mt of Temptation, Galilee, Cana, Nazareth, Mt Tabor, Mt Beatitude, Capernaum, Caesarea, Bethlehem,

Emmaus, Qumran, Mt Olives, Gethsemane, Old City of Jerusalem, Mt Zion.

This Sacred experience, limited seats (max 35), cost to be confirmed \$6590 (excluding lunch) - 5 star accommodation.

Deposit \$350 per/person by 30 November 2018.

Chaplain: Fr Brian

To show your interest, please email or phone either Parish or place your name on the clipboard at the back of the Church.



# Prep 2019 Transition!



## Smiling Minds



Dear Parents/Carers,

St Anthony's is using the program Smiling Mind. The program is designed to teach children mindfulness and meditation for wellbeing. All of our students learn mindfulness and meditation as part of the Performing Arts program. We will be introducing more mindfulness and meditation into the curriculum in 2019.

As part of preparing our students, you might like to download the free app to your devices at home and try out some of the meditations at home. They are great and I do them with my 9yo son every night, he loves them!

You will find it for free on the app store.  
Please come and see me if you have any questions.  
Ms Victoria Gelberg  
Performing Arts Teacher

[www.smilingmind.com.au](http://www.smilingmind.com.au)



Friday November 23rd 2018

Dear Parents,

The St. Anthony's School Advisory Group has determined that new parent representatives are required to work in collaboration with the community. The Advisory group comprises the following representatives;

Parish Priest (Ex-Officio)  
Principal – Executive Officer (Ex-Officio)  
Deputy Principal/ Staff Rep (Ex-Officio)  
Parent Rep (up to 5)  
Chairperson of P&F (Ex-Officio)  
Parish Rep

All positions, other than Ex-Officio, are for a two year tenure and will be limited to two consecutive tenures.

The Advisory Group has as its central purpose the realisation of the vision of the school. In realising this vision, the school board aims to:

- act as a forum for discussion on matters concerning education in the school
- support the provision of Catholic education in the parish by providing a link to the school community
- promote the role of community in the life of the school.

I would like to call for nominations to the group by the Friday, 30th November. Nominations will be accepted on the Nomination slip below and elections (if required) will be held at the first meeting for 2019.

Yours sincerely,

Patrika Rowley  
Principal

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I, \_\_\_\_\_ would like to nominate myself for one of the Parent Rep positions on the St. Anthony's Advisory Group. I am committed to the Group for the two year tenure and will regularly attend meetings.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_



# Art Awards Dandenong Show 2018

Foundation  
 Jasmine F-AB 'Commended'  
 Noah F-PR 'Commended'  
 Noah F-GR 'Highly Commended'  
 Ava F-GR 'Third'  
 Annie F-GR 'Second'  
 Justice F-PR 'Second' and 'Highly Commended'

Level 1&2  
 Dinoy 1/2 FI 'First'  
 Tavleen 1/2 FI 'Commended'  
 Martin 1/2 NG 'Second'  
 Thomas 1/2 KO 'First'  
 Hyewon 1/2 KO 'Second'  
 Esther 1/2 ME 'Second'  
 Mario 1/2 SC 'Highly Commended'

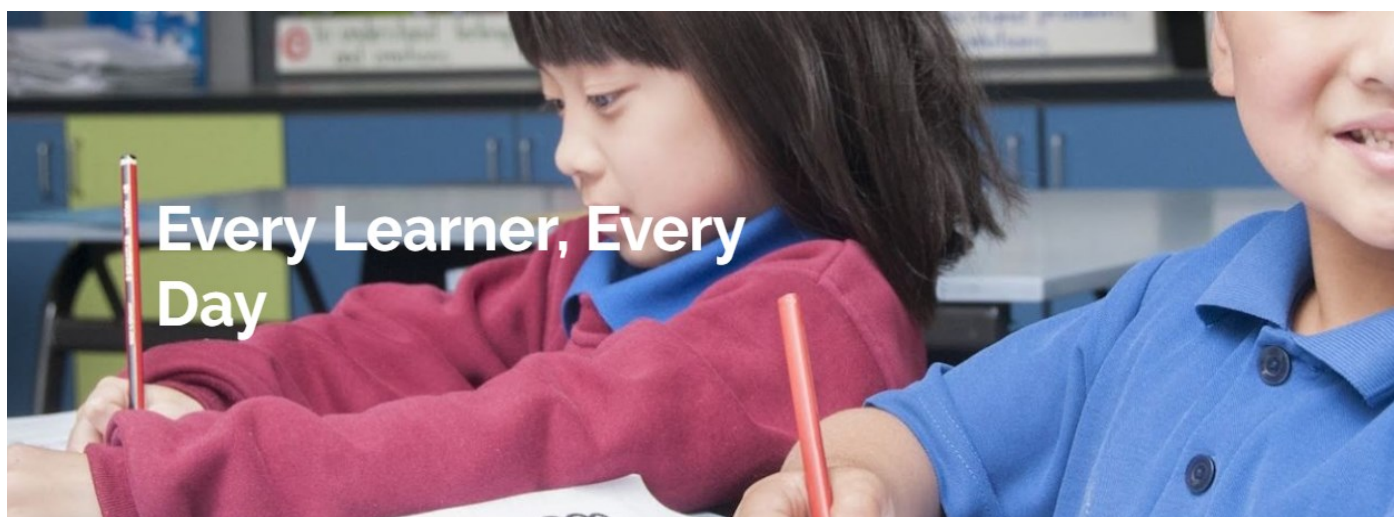
Level 5/6  
 Michelle L5/6 ST 'Third'



## Visual Arts Update



'Foundation students discussing Mars landers, robots and rockets in Visual Arts last week'.



# playgroup

**Playgroup at St Anthony's**  
**Wednesday & Thursday Mornings**  
**With**  
**DEBBIE**  
**9.30 – 11.30am**

## Learn music here at school

Come and join in the fun of learning to play keyboard, guitar, ukulele, here at St. Anthony's Primary School, Noble Park.

Creative Music for Schools conducts a music program here at school each week.

Small group classes or one-to-one lessons of up to 30 minutes give children an excellent grounding in music where they will learn to read music and play their chosen instrument.

Tuition costs from \$17.50 per lesson and enrolments are now being accepted for limited places in term 4, 2018.

Interested parents should call Brenda during office hours on 9818 2333 or email [brenda@creativemusic.com.au](mailto:brenda@creativemusic.com.au)

 **Creative Music**  
[www.creativemusic.com.au](http://www.creativemusic.com.au)



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**NAZARETH  
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## 2018 SCHOOL TOURS

Explore the difference  
a Nazareth education  
provides.



**Term 4**

Thur 29 November

**Final Tour  
for 2018!**

Tours run from 9-10.30am | Register your  
interest at [www.nazareth.vic.edu.au](http://www.nazareth.vic.edu.au)



**Kids  
Helpline**

**1800 55 1800**



## Are you leaving St Anthony's?

We are asking families of St Anthony's to advise us if you

WILL NOT be returning for **2019**

To assist with planning we are asking families from Prep to Year 5 who will **NOT** be returning to St Anthony's next year to complete this form and return it as soon as possible.

We would like to notify you that the \_\_\_\_\_ family will be leaving St Anthony's School during or at the end of the 2018 school year.

Child(ren)'s Names & Class: \_\_\_\_\_

Going to: \_\_\_\_\_ School (if known)

School address \_\_\_\_\_

Residential address \_\_\_\_\_

## Learning & Teaching Update



**Parents' Beliefs about Math Change Their Children's Achievements**  
We now know that the messages we give students can change their performance dramatically, and that students need to know that the adults in their lives believe in them. Researchers are learning that students' ideas about their ability and potential are extremely important, much more than previously understood. As well as the messages we give students about their potential, brain research is now showing that messages students pick up from their parents about math and their parents' relationships with math can also change students' math learning and achievement.

In an important study researchers found that when mothers told their daughters they were not good at math in school, their daughter's achievement declined almost immediately (Eccles & Jacobs, 1986). In a new study neuroscientists Erin Maloney and colleagues found that parents' math anxiety reduced their children's learning of math across grades 1 and 2, but only if parents helped their children on math homework (Maloney, Ramirez, Gunderson, Levine, & Beilock, 2015) If they did not help them on homework, the parents' math anxiety did not detract from their children's learning.

The parents' math knowledge did not turn out to have any impact, only their level of math anxiety. Both studies, again, communicate the importance of the messages students receive, as it was not math knowledge that harmed the students' performance but the parents' anxiety. We do not know what parents with math anxiety say to their children but it is likely they communicate the negative messages we know to be harmful, such as "math is hard" or "I was never good at math in school." It is critical that when parents interact with children about math they communicate positive messages, saying that math is exciting and it is an open subject that anyone can learn with hard work, that it is not about being "smart" or not and that math is all around us in the world.

Teachers and parents need to replace sympathetic messages such as "Don't worry, math isn't your thing" with positive messages such as "You can do this, I believe in you, math is an open, beautiful subject that is all about effort and hard work." This article contains excerpts from Jo Boaler's new book, *Mathematical Mindsets: Unleashing Students' Potential Through Creative Math, Inspiring Messages and Innovative Teaching*

### References

- Beilock, L. S., Gunderson, E. A., Ramirez, G., & Levine, S. C. (2009). Female teachers' math anxiety affects girls' math achievement. *Proceedings of the National Academy of Sciences*, 107(5), 1860–1863.
- Boaler, J. (2015). *Mathematical Mindsets: Unleashing Students' Potential Through Creative Math, Inspiring Messages and Innovative Teaching*. San Francisco, CA: Jossey-Bass.
- Eccles, J., & Jacobs, J. (1986). Social forces shape math attitudes and performance. *Signs*, 11(2), 367–380.
- Maloney, E. A., Ramirez, G., Gunderson, E. A., Levine, S. C., & Beilock, S. L. (2015). Intergenerational effects of parents' math anxiety on children's math achievement and anxiety. *Psychological Science*, 0956797615592630.



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### CONTACT US

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# Adult English Classes at St Anthony's School

\* Develop and practice your English skills

Learn new computer skills

Visit local places in Melbourne

**Friday's 9.30am-1.30pm**

**St Anthony's School**

**Adult Computer Room**

(Places are limited)

Contact Debbie or Lisa for more information  
on 9546 0044.

Limited child minding places are available



Love

PEACE

JOY

The Christmas Paroliturgy  
**IS COMING**

SEE YOUR CHILDREN SHINE  
MONDAY DECEMBER 17TH

6PM-7PM in the Church